



THE MILLSTREAM

JUNE 2009

Vol. XI, Issue VI

CRANE'S MILL

459 Passaic Avenue, West Caldwell, New Jersey 07006

973-276-6700

From the Chaplain



THANKING GOD FOR REV. MSGR. ED CIUBA

God has richly blessed the Crane's Mill Community through Fr. Ed Ciuba, the Pastor Emeritus of Notre Dame Parish in North Caldwell. He was at Notre Dame for 22 years, and from the time that Crane's Mill began, he was concerned that our Roman Catholic residents be able to remain active in their faith. As a result, he organized the continuing monthly Mass in the Assisted Living Dining Room as well as the weekly Rosary. He has also been involved in leading other special services and activities at Crane's Mill. Many of us, Roman Catholic or not, have been blessed by his spiritual wisdom and care.



Fr. Ed, after over 50 years of ordained ministry, formally retired from Notre Dame in February, and will be leaving the Caldwells and resettling down at the shore this summer. We are grateful to God that Fr. Anthony Randazzo will be continuing in ministry as Pastor at Notre Dame as well as supporting us at Crane's Mill.

Fr. Ed will celebrate his last Mass with us on Thursday, June 25, at 3:30 p.m. in the Assisted Living Dining Room. All residents and staff are invited to join us after the Mass (about 4:30) in the Pub/Towne Square area (during the regularly scheduled Happy Hour) for a reception to thank God for Fr. Ed's ministry among us. We hope you come!



As a tribute to Father Ed, the Pastoral Care Committee has made a donation in his name to M.E.N.D. (Meeting Emergency Needs with Dignity) in Newark, a food pantry which is supported by Catholic Charities. This ministry is close to Father. Ed's heart.

Chaplain Mara Joy Norden



CALENDAR:

- Bible and You: Thursdays June 4, 11, 18, 25 2:30-3:30 p.m., Towne Square Conference Room
- Pastoral Care Committee: Thursday, June 11, 1:30-2:30 p.m. Towne Square Conference Room.
- Ecumenical Communion Service: Tuesday, June 9, 2:30 p.m. (Assisted Living Dining Room).
- Roman Catholic Mass: Thursday, June 11 and June 25, 3:30 p.m. (ALDR).
- Reception for Msgr. Ed Ciuba: Thursday, June 25, 4:30 p.m. Towne Square.
- Alzheimer's Association Care Giver Support Group: Tuesday, June 16, 7:00-8:30 p.m. (TSCR).

CRAIG'S CORNER

HAPPY MEMORIAL DAY A TIME TO REMEMBER OUR HEROES



The unofficial first day of summer has arrived! May 25, 2009—perfect weather (75 degrees and 10% humidity). What a perfect day for a barbecue and a perfect day for families and friends to gather!

On this day, we honor the men and women of the United States' military who have died serving our country. As we fire up the barbecues and crack

(Continued on the next page)



HAPPY FATHER'S DAY



MILLSTREAM STAFF

Founding Editor 1999 - Alex Maclean
Editor - Anne Kreuder
Board Liaison – Anita Goodwyn
Calendar & Events - Meredith Freeman
Computer and Production Staff:
Johanna Britsman Gladys Eickmeyer
Mabel Keating Art Knutsen
Janet Knutsen Lee Krayner
Anne Kreuder Janice Miller
Wendy Willgoos



**SUNDAY SERVICES
GREETERS AND
GUEST MINISTERS
HINMAN HALL
4 p.m.**

- June 7 Nils Eklund
Roy Vincent
Calvary Lutheran Church
Verona, NJ
- June 14 Johanna Britsman
Rev. Hee Duk Lee
United Methodist Church
Roseland, NJ
- June 21 Jim Neighbours
Rev. James Krombholz
Holy Trinity Lutheran Church
Nutley, NJ
- June 28 Edith Jipp
Rev. Eric Ziegler
St. John's Lutheran Church
Clifton, NJ

**CATHOLIC MASS
THURSDAYS 3:30 p.m.
Assisted Living Dining Room**



- June 11 Father Ted Osbahr
Our Lady of Blessed Sacrament
Roseland, NJ
- June 25 Father Ed Ciuba
Notre Dame
North Caldwell, NJ

CRAIG'S CORNER (Continued)

open our assorted beverages today, please don't forget to spend a few moments contemplating their sacrifices and giving thanks for these heroes and champions of freedom.

It is equally important to recognize and give thanks to the many soldiers and military folk who are serving our country today. Away from home in far-away places, these brave men and women are dedicated to preserving the freedoms we enjoy everyday!



Here's a great way to keep the stories of heroics alive. Take the time to ask those who have served to tell about their experiences with the military and on the warfront. You will get a first-hand opportunity to hear some exceptional, real tales of courage and patriotism.

Best wishes for a summer filled with health, family and warmth.

Craig Karczmer, Executive Director



SPRING PROGRAM RESCHEDULED

As you know, our program was postponed in May due to bereavement in our Director's family.

The program will be on MONDAY, JUNE 1 AT 7:30PM in Hinman Hall.

We look forward to singing for you.

The Chorus

WELLNESS FOR YOU DEPRESSION

Bonnie Malagian, MSW, clinical psychologist at Crane's Mill, will speak on depression in Hinman Hall at 10:00 a.m. on June 9. All are invited to come.

Lisa Patel, R.N./Wellness Director



FUTURE PROGRAMS
PLEASE MARK YOUR CALENDARS
AND ATTEND THESE SESSIONS.

July: Heart Healthy
August: Diverticulitis
September: Alzheimer's Disease



CHATHAM MIDDLE SCHOOL STRING ORCHESTRA PERFORMS

We are indebted to Pamela McHugh, a home economics teacher in the Chatham School System and a daughter of our own Becky Jarvis, for arranging for the string orchestra of Chatham Middle School to play for us on April 25. The sixth through eighth grade musicians were under the superb leadership of Suzanne Bass, a graduate of the Julliard School of Music. After substituting for a teacher on maternity leave, Ms. Bass became so drawn to the youngsters that she decided to stay on when the opportunity arose. Her devotion, support and mastery was certainly evident when she introduced and directed the group.



As the students played, it was also evident that they both respected her and were eager to please. The selections ran the gamut of musical scores, ranging from “Danny Boy”, “Yankee Doodle”, a medley from “The Sound of Music”, to “Spring” from the “Four Seasons” by Vivaldi. Also included were “The Brandenburg Concerto” and “The Hungarian Dance Number 5” by Bach.



Some of the students had been taking music lessons since the third grade. It was a wonderful experience for us to listen to and to encourage these virtuosos of the future.

Grace Flanders

THE LEGENDARY BOB HOPE

Whenever I think of Bob Hope as a legendary comedian, it is of his contribution to the war effort, entertaining our troops abroad for many years.

It took an evening of Bob Hope's Studio Years presented by Bill Levy to show how talented an individual he was, not only as a comedian but also as an acting talent. This was justified by the film clips from some of his greatest films that were shown to a large audience in Hinman Hall. He had starring roles in Western (who can forget Jane Russell), ghost and pirate movies. And best of all, the road movies—Morocco and Singapore starring with Bing Crosby and Dorothy Lamour.



Bob Hope is timeless and his humor universal. Too bad Mr. Levy didn't give us more of an in depth portrayal of his outstanding career.

Edna Lawshe

NASDAQ AND THE FEDERAL RESERVE BANK - MAY 11

Ever since 9/11, the New York Stock Exchange has been closed to the general public. However, we were able to visit the NASDAQ Headquarters in Times Square, which is another stock exchange that lists 3900 companies. There we witnessed the ringing of the opening bell by representatives from Intel, a global microchip company. I had the opportunity to shake hands with Scott Wapner, one of my favorite financial commentators on CNBC.



Then our wonderful Ted Judkins drove us to The New York Federal Reserve Exchange Bank in the financial district, a huge block-long building at 33 Liberty Street. Security is as restrictive as at an airport. There we saw the world's most expensive gold coin, worth 190 million dollars and donated to the Federal Reserve by an anonymous donor.

A docent took us to the lowest basement on Manhattan Island, 50 feet below sea level and built on solid bedrock, where 350 billion dollars in gold bricks are stored. We viewed the bricks belonging to many countries behind a steel floor-to-ceiling wired fence.



The Fed consists of 12 Federal Reserve Banks spread around the country. Besides New York, the locations are San Francisco, Minneapolis, Chicago, Kansas City, Dallas, St. Louis, Cleveland, Philadelphia, Richmond, Boston and Atlanta. The

banks provide financial services for the United States government, supervise banks in their districts and provide banks with services such as providing and storing cash, handling loans and processing checks.

The trip was so successful that it was suggested that it be duplicated to accommodate the people who could not make the first trip.

Dorothy Waxman

Those on the Crane's Mill Waiting List are welcome to attend scheduled Hinman Hall events. If you attend, please stop at the reception desk and get a nametag. Residents would like to know that you are visiting so that we can welcome you.

DOWNTOWN NEWARK

“Art, could you tell me about your trip to downtown Newark?” I asked. “It was very exciting,” Art Siebelist told me. Art lived in Newark from 1920 to 1940, the city’s heyday. I said, “Let’s tell The Millstream about your views on this trip”.



Art told me that Robert Treat and his flock from Connecticut wanted to establish a theocratic town and according to Art—they did. For 250 years until 1826, only Protestants could own property and vote. Today Newark has a large number of churches and a variety of religions.



The trip included a stop at Military Park to see the famous statue by sculptor Gutzon Borglum and a visit to Washington Park, designated as a park by the early settlers in 1699, featuring a statue of George Washington on his horse. Another Borglum statue of Lincoln on a bench is found in front of the beautiful Essex County Court House.

Ted Nelson agreed, “This trip was great!” Next time if I can have the opportunity, I will go too!

Eva Bouzard-Hui

TEN DOWN EIGHTY-EIGHT TO GO

Ninety-eight is the count for the scholarly lectures available from Professor Eugene Leiber. We anticipate the pedagogical pleasure of many more. Our erudite historian has led us through time and to locales close and remote, expanding our understanding of varied cultures and civilizations.



Most recently, we were enlightened and disturbed to hear a delineation of conditions in Sub-Saharan Africa, “disturbed” since the professor is indeed a realist.

We are invited to consult with Meredith for consideration of topics for next fall. I favor the “Roaring Twenties” when I was alive but not aware of Ruth, Dempsey, Grange, Hitchcock and Sande.

Tom Mullane

JAM SESSION

Our four resident jazz musicians, Weezie Davis, Tony Scelba, Marty Pederson and Jon Montan gathered on Monday, April 27 in Hinman Hall to treat the residents to their monthly Jam Session—the result of several rehearsals. The audience, full of admiration and gratitude, came prepared to share in the fun. The performance is decidedly not to be missed!



The group led off with “Alexander’s Ragtime Band” with Marty playing his saxophone, his eyes twinkling, and Weezie playing rich, melodic chords. Jon and Tony embellished the presentation, each in his own way. In the second number, “Sundown”, Tony warmed to his work with his magic touch. Appropriately, “April Showers” followed with Marty’s light touch and the beautiful suffix, “Look for the Silver Lining”, a sing-along, which we all love.

The number was followed by “S’wonderful” sung by Jon with Marty harmonizing. “Baby Face” (another sing-along) followed with both Tony and Weezie playing very fast. Then, in appropriate slow tempo, Jon’s voice rang out with “Embraceable You” which Joe and Maybelle Piel, sitting in the front row, spontaneously rated—beautiful!



And, so it continued including “All of Me”, “Just the Way You Look Tonight”, “They Can’t Take That Away From Me”, that melancholy favorite “Show Me the Way to Go Home” followed by a peppy rendering of “Good Night Sweetheart” and finally “God Bless America”.

Kathy Brown

NOW AVAILABLE

For those who are lactose intolerant, Non-Dairy Creamer packets are available in the Cafe and Pub. In the Candleberry Room, make known your need and your server will gladly supply them.



Janet Knutsen, Food Committee



THE GIFT BOX



The sign on the door depicts us in elegant terms. Please come in and look around! We are the on campus recipients of a variety of new and “gently used” articles: trays for the porch season, bags and totes of all descriptions, lovely notepaper, food treats and even porcelain dishes.



We offer an ever-changing selection of gift items for graduations, weddings and other major occasions that may present themselves. Because we receive tasteful and generous donations, we are able to offer you covetable items at considerable savings.



Our jewelry and card selections remain wonderful and very reasonably priced—nice to know in this month of continuous special occasions.

Kathy Brown

JUNE CHARITABLE GIFTS GO TO GOOD SAMARITAN FUND

All funds donated to the Pastoral Care Fund for the month of June will be given to The Good Samaritan Fund at Crane’s Mill. Your generous support enables the Good Samaritan Fund to provide residents who do not have sufficient funds to pay the full Crane’s Mill charge for housing and services with the peace of mind that they can remain at Crane’s Mill.



Financial donations may be given in the collection at the Sunday service, or given independently (by cash or check made out to the Crane’s Mill Residents’ Association with Pastoral Care Fund written on the memo line) to Treasurer Hilda Lichtenstein. Independent donations should be placed in an envelope with your name, Hilda’s name, and the amount of the donation (if given in cash) and left at the Front Desk in the lock box.



Thank you.

Chaplain Mara Joy

MARK YOUR CALENDARS

SAVE THE DATE

Crane’s Mill's 11th Anniversary Dinner will be held on Thursday, August 13, 2009 (Residents only—no guests). Watch for more details in the July issue of The Millstream.



Janet Knutsen, Food Committee

WELCOME TO OUR NEW RESIDENT IN MAY

Dorothy Nanus from Wood Ridge, N.J. moved into Apartment 141 on May 8. She and her husband were enthusiastic about Crane's Mill when he died in January, but Dorothy's feeling that this was the right place for her did not change. She has brought with her many antiques and clocks. That is her hobby, but she also enjoys gardening, and she has a cat.



Dorothy is anxious to become acquainted with our residents in the midst of the turmoil of moving. Her telephone number is 6741. Give her a call and invite her to eat a meal with you either in the Candleberry Room or the Grille.

Annella Arnold



I want to say a big “thank you” to the many friends and acquaintances who sent me notes and cards of sympathy at the time of Günter’s death. Also, to those who stopped me in the hall to offer condolences and offers of help.

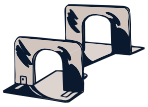
I have been amazed that people here are such a caring group. I don’t know how many times during the last several weeks I have said how grateful I am to be living at Crane’s Mill.

Many, many thanks,

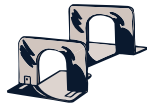
Jean Kuhnis

Thank you for all the cards, expressions of love and support and prayers given to me during my total knee replacement surgery and following therapy. It is great to live in this loving, caring community.

Anita Goodwyn



BETWEEN THE BOOKENDS



One of the topics of interest on the Library bulletin board is a flyer from the West Caldwell Library titled, BOOKS TO GO, a homebound service. Rather than resenting this competition, we applaud it. This free service is provided by the Friends of The West Caldwell Library for patrons who have no other way to access the Library. Your requests will be delivered to the front desk and picked up for return.

The service includes hardbound large print, large print paperback, regular print hardbound, regular print paperback, audio books (cassette tapes), audio books (CDs), music (cassette tapes), music (CDs), videos and DVDs.



If you are interested, you must have a valid West Caldwell Library card and complete an application for the service. A time can be arranged at Crane's Mill to set this up. Contact Sally Foster at 6797 if you are interested.



Every morning, yes, EVERY MORNING, Ray Templeton stopped by the Library on his way to join the rest of the gang sharing breakfast in The Grille. Carefully, for he was a precise gentleman, he removed the previous "Word of the Day" slip from the calendar on the desk. Placing it in his breast pocket, he went on his way.

He handed the slip to seated friends, purchased his breakfast, returned to the table and announced the "Word of the Day." Immediately a lively conversation ensued. How fine, how erudite that a small slip of paper gave so much pleasure to so many!

But, alas, no longer since it went a-missing in early May. The Library volunteers "tore the place apart". Residents were interrogated and Sherlock called in to no avail.

The Library committee chose the theory that it accidentally slid off the desk, landed in a wastebasket and ended up in shredder heaven. It's better to believe that than suspect someone took it deliberately.



If you know any stores that will sell a 2009 calendar in June, please let us know.



Thanks to Peter and Margaret Seckel, a Word-of-the-Day calendar can now be found in the Library. The original donors of the calendar, the Seckels, have given us their own calendar for the enjoyment of all.

Thanks, Peter and Margaret.

Sally Foster

MOUNTAIN GALLERY ARTISTS RETURN FOR JUNE



Our June exhibit in the Towne Square Gallery will be provided by the Mountain Gallery Artists. Some of you may remember that we hosted a Mountain Gallery show in 2005. The group was formed when members of various local art associations decided to get together to bring their work to the public as frequently as possible. When I asked about why this group started, I was told that members "found that the joy of creating is enhanced when there are opportunities to display work for the enjoyment of others".



You have seen the work of several of these artists in previous exhibits. North Caldwell artist Carmel Bongiovanni has shown her collages and Fairfield artist Louise Woodcox has exhibited frequently. Others have had work here in group shows including the West Essex Art Association Annual October show.

North Caldwell is well represented with members including Kirsten Agesen, Pat Flaherty, Phyllis Huggett, and Caroline Medina. In addition, there will be work by Karen Collins of Verona, Gabriella Digilio of Essex Fells, Constance Seugling of Cedar Grove and Pat Hopley, formerly of West Caldwell.

There will be a variety of art for you to enjoy because different media and styles are represented in the show.

Mary Koether, Gallery Coordinator

Please note: The deadline for the July Millstream is June 17. Articles received after that date will be included only if time and space permit. Thanks, Anne

LOW VISION SUPPORT GROUP

Our next meeting will be held Tuesday, June 2 in the Pub at 10:30 a.m. We will discuss the SCILS Program (Senior Community Independent Living Services) conducted by the First Occupational Center of N.J.



The Director, Joe Ruffalo, presented an interesting program on SCILS to our group at the May meeting. The many benefits for low vision residents available through SCILS and how to receive these free services will be reviewed.

Any residents interested in attending are invited.

Marvin Meyer and Bernie Farley, Co-Chairs

FREDRICK MOYER PIANO RECITAL MONDAY MAY 4, 2009

We were impressed by the large amount of equipment that we saw as we entered to hear a piano recital. There was only one person there—what was all the stuff for?



In place of the usual music pages on the usual place on the piano, there was a laptop computer. NOW THIS IS GOING TO BE A DIFFERENT TYPE OF PIANO RECITAL.

He started off by telling stories about some of the pieces that he was going to play. When he started to play, it was hard to believe that only two hands were on the keyboard.



Each number started off slow and gentle and by the end of the number, it was fast and furious. After a gentle number by Mendelssohn and a spirited rendition of Rhapsody in Blue by George Gershwin, he really was on a roll.

His next number was a 17-minute tribute to Oscar Peterson in which he took turns playing softly and attacking the piano.

During the evening, we were introduced to the equipment, which we saw as we entered. It was his recordings of bass and drums to accompany the piano. The result was spectacular.

The mystery of the laptop computer was just Fred's system of replacing sheet music with the computer. Among other things, it saves the need for turning the page, and also serves as system for introducing the bass and drums at the appropriate time.



For those of us who have sat through a LONG HOUR of piano recital, this was a delightful hour of outstanding piano playing complete with the latest in technology.

For those of us who were interested, Fred sold recordings of some of his previous recitals. We hope that he will come back again, and again.

Joe Piel



To Your Health

News from the Healthcare Committee

There was no meeting of the Healthcare Committee in May due to a conflict with the Brick Laying Ceremony. The June meeting will be Wednesday, June 3 at 2 p.m. in the Activities Room and you are most welcome to attend to see what it is all about.

One of our main responsibilities is volunteerism to the residents in the Health Center. Four times each year, we also make and distribute seasonal decorations and greetings to the Health Center residents, a distinct joy for the committee members.



If you are interested in volunteering or if there are any questions about the Healthcare Committee please speak to Anita Goodwyn at ext. 6787.

Anita Goodwyn

NISHUANE SCHOOL CHORUS



Opening their program on May 13 in Hinman Hall with "The Nishuane Song," the students from Nishuane School in Montclair showed right from the beginning that they came to sing and entertain us!

This group of 38 children has sung together with their Director, Melanie Koebel, for two years. Ms. Koebel has much energy and has the students using many hand gestures to emphasize the meaning of the songs.



Songs from George and Ira Gershwin were sung with much gusto! Two soloists sang Dizzy Gillespie's "Night in Tunisia." This was followed by a Beatles medley – "Twist and Shout," "Yesterday," and "Hello, Goodbye."



Ms. Koebel wrote a tribute song about Dr. Martin Luther King, "He Fought with All His Might!" which was sung with three soloists. Another tribute song "Shark Song," by Ms. Koebel and David Rimelis was a Hawaiian sounding tribute to the sharks of the sea.

After an encore, "I've Got Rhythm," the children and their chaperones joined the fifty residents for punch and cookies.

Anita Goodwyn

MEMORIAL MEMORIES 2009

Crane's Mill's contributions to the Caldwell annual Memorial Day parade are ten residents on the bus, one resident on a bike (Bill Nikel), six women walkers plus one loud boom box, six men including- Bob Foster (7th Army, Europe), Jim Neighbours (Commander, Navy, Pacific), Nils Eklund (Army of the USA, Europe), Martin Pedersen (Navy, code breaker), Alden Beverly (Combat Infantry, Europe) and Charlie Farinella, (the spectators' favorite), plus John our driver and Meredith our organizer .



Sally Foster



CHECK THE NUMBER!

Before signing up for a Crane's Mill trip, be sure to read the description of the trip provided in The Millstream. Meredith carefully researches each trip to determine its suitability for the residents. Next to the departure time for the trip, you will find a number. This number defines the physical abilities you must have to go on the trip and is explained on the back page of The Millstream. Included are getting on and off the bus, stairs, walking and standing requirements, terrain and any other limitations.

If you are unable to meet the requirements, please do not sign up. Staff is always willing to give slight assistance getting on and off the bus but cannot do more than give you a hand. Other residents on the trip cannot take the responsibility for you when they wish to enjoy the trip on their own.

Thank you for understanding,

Anne Kreuder, Activities Committee Chair.

CHARLIE'S MOVIES

Almost every evening at 7:00 p.m., Charlie Farinella shows a movie on the large screen TV in Hinman Hall. Many residents stop there after supper to enjoy one of Charlie's selections.



Look for the posters in Towne Square to find out what show is on that evening. Charlie, thanks so much for selecting the shows and running the VCR or DVD player.

Anne Kreuder

June

SPECIAL TRIPS PLEASE SIGN UP

Brookdale Park Rose Garden

Thursday, June 4th

Take a stroll through the newly restored Brookdale Park Rose Garden. Due to the efforts of the Essex County Master Gardeners, the garden underwent a massive and expensive undertaking. The weeds were eliminated, hundred of new roses were bought, paid for, and planted by the volunteers. There are now over 650 varieties of roses.

Sign-up is required.

Cost: none

Departs: 10:30 AM (4)

Low Vision Conference

Friday, June 5th

This all-day conference will feature a number of seminars that will discuss low vision treatment methods, new assistive devices, and other issues related to low vision.

Sign up is required.

Departs: 8:15 AM (2)

The Pier Village in Long Branch

Monday, June 8th

The summer experience in New Jersey is not complete without a trip to the "Jersey Shore". This year, the Crane's Mill bus will head down to the Pier Village in Long Branch, NJ for a day of shopping, boardwalk-strolling, and ocean viewing. Pier Village offers over 30 unique shops and restaurants in a downtown village environment with a beautiful oceanfront atmosphere. Because most NJ public schools do not end for summer until the end of the month, Pier Village will not be mobbed with children. The day is your's to breathe the salty ocean air in reverence of the summer season!

Sign up is required.

Cost: \$0.00

Departs: 9:30 AM (4)

The Intrepid Sea, Air & Space Museum

Friday, June 12th

Enjoy a guided tour and time on your own at the newly renovated Intrepid Sea, Air and Space Museum. The Intrepid

Sea, Air & Space Museum is one of America's leading historic, cultural and educational institutions. Opened in 1982, the Museum has welcomed more than 10 million visitors. In November of 2008, the Intrepid completed a \$120 million renovation. The Museum is centered on the aircraft carrier Intrepid (CVS-11), one of the most successful ships in US history, and now a national historic landmark and one of the most unique attractions in New York City. In 1943, Intrepid was commissioned and served proudly in World War II. She went on to serve as one of the primary recovery vessels for NASA, three tours of duty off Vietnam, and submarine surveillance in the North Atlantic during the Cold War. Today she continues her service as a premiere educational center and a monument to all who have served our nation in uniform. The Museum features a range of interactive exhibits and events providing a snapshot of heroism, education, and excitement. Children and adults alike find

June

themselves immersed in and inspired by the Museum's exhibits, which range from thrilling historical re-creations such as "Kamikaze: Day of Darkness, Day of Light", to new interactive displays. Visitors also can ride in the A-6 Cockpit Simulator, visit the Virtual Flight Zone, and tour the inside of the world's fastest commercial airplane, Concorde. Though the museum (excluding the Growler submarine and the Concorde) are wheelchair accessible, THERE IS STILL A LOT OF WALKING INVOLVED WITH THIS TRIP. Also, residents should be able to remain standing during the guided tour which will last about one hour.

Sign up is required.

Cost: \$24.50

(price is based on 14 people in attendance)

Departs: 11:00 AM (4)

Shakespeare Theatre of NJ

Saturday, June 13th

This trip is for Shakespeare Theatre Subscribers only. Please do not sign-up unless you already have a ticket for this performance.

Sign up is required.

Departs: 12:45 PM (2)

New Jersey

Jackals

Tuesday, June 16th

Come watch the NJ Jackals battle it out with the Worcester Tornadoes at Yogi Berra Stadium, located on the Montclair State University campus. The Jackals also have "Two-for Tuesdays", which means if you buy one ticket, you get one free. Residents may want to consider doubling up with someone and splitting the cost with each other. It also happens to be "Military appreciation night".

Sign up is required.

Cost: \$10.00

Departs: 6:00 PM (3)

Peggy Karr Glass

Factory Tour

Thursday, June 18th

Because this trip was such a success in May, we are running it for a third time in June. Enjoy a guided tour of the Peggy Karr Glass Factory, located in Randolph, as well as a stop at the factory's outlet store. The Peggy Karr Glass Company has grown from a one-woman

studio to the largest enameled fused glass company in the world. Brightly decorated serving pieces, display pieces, ornaments and small occasional tables are the mainstays of the business. Whether it's a design rich with the beauty of nature or one filled with the whimsy of a holiday season, the use of pattern and color in this unique medium is without compare. During the tour, you will be shown the process that is used to create the glass pieces as well as learn about the history of the company.

Sign up is required.

Departs: 12:45 PM (3)

Cost: FREE

The Quiet Man Irish Pub in Dover

Friday, June 19th

The Zagat-rated Quiet Man Irish Pub was opened in 1979 by Francis Burke from Dublin, Ireland. The QM has become a well known friendly establishment serving outstanding food in an authentic Irish Pub. Chef Russell Baker executes a wonderfully varied menu offering Pub fare, elegant fare and

June

lighter fare! Dine in the cozy bustling Pub or the elegant Maureen O'Hara Room for an unforgettable Irish experience!

Sign-up required.

Cost: entrée, tax, tip

Departs: 11:30 AM (1)

Bobolink Dairy

Friday, June 26th

Join the staff of Bobolink Dairy, located in Vernon, for a tour of the farm and see how cows, grass, rain, sun, chickens, pigs, and people can collaborate to make great cheese, bread, pork and beef while increasing soil fertility, sequestering carbon and preserving farmland for the future. Bobolink Dairy derives its name from the ground-nesting bird that frequents its pastures and meadows. The farm includes nearly 200 acres of pasture, several barns, a farmhouse and an apprentice house. The tour will begin with a pasture walk that will bring you up close to the Bobolink herd, including the growing herd of Bobolink Black Grazers, the farm's home-grown breed of tough little milk cows who thrive on pasture. Please dress for a pasture walk, including

sturdy shoes or sneakers. The tour continues at the bakery, where the bread is baked in a wood-fired oven followed by a stop at the creamery. The tour concludes with a tasting of breads and cheeses in the farm store. You will be walking on outdoor terrain and will have to remain standing during the tour.

This trip is not recommended for people with walkers.

Sign-up is required.

Cost: \$7.00

Departs: 9:15 AM (4)

SPECIAL ERRANDS

TUESDAY AT 1:30 PM

Super Walmart

Tuesday, June 2nd

(located in Cedar Knolls)

Livingston Mall

Tuesday, June 9th

Kohl's Department Store

Tuesday, June 16th

West Orange Plaza

Tuesday, June 23rd

Willowbrook Mall

Tuesday, June 30th

REGULAR ERRANDS

Doctors' Appointments

Mondays, Tuesdays, and Thursdays

9:30 AM – 4 PM

Shop Rite

Wednesdays

Departs at 10:30 AM (2)

Banks

Wednesdays

Departs at 1:15 PM (2)

General Errands

Tuesday at 10:30 AM

&

Wednesday at 2:30 PM

EVENTS

Crane's Mill

Chorus Concert

Monday, June 1st

The Crane's Mill Chorus members, who have been rehearsing since February, will share the fruits of their labor by providing us with a special evening of musical entertainment.

7:30 PM (H)

Lyrica

Tuesday, June 2nd

Join this talented string sextet for a concert of

June

varied musical selections. Members of Lyrica have been performing at Crane's Mill in June for many years, and after each program, residents leave Hinman Hall anticipating next's year concert.

7:30 PM (H)

Afternoon Dancing **Thursday, June 4th & 18th**

You do not need a partner or any prior dance experience to partake in the fun of afternoon dancing!

1:30 PM (H)

The Brooklyn Connection

Thursday, June 4th
Join Fred Miller, pianist, singer, and speaker, for a musical and anecdotal overview of Brooklyn's many connections to Popular American music. Fred's program "The music of the Harlem Renaissance" was well-received when he performed here last December.

7:30 PM (H)

Recent Discoveries in Paleontology

Friday, June 5th

Arlene Castleman, a paleontologist and member on the board of Trustees for the NJ Paleontological Society, will discuss the most recent and interesting paleontological discoveries that have been made in the United States. Any lover of fossils or earth science will find this interesting. This program was originally scheduled in May.

7:30 PM (H)

Orientation with Nintendo "Wii"

Monday, June 8th & 22nd
Tuesday, June 9th & 16th

To help residents get acquainted with the Nintendo Wii, the video game console that allows people to play virtual bowling, tennis, baseball, golf, and boxing, Meredith will be holding "orientation sessions" with groups of 3-4 people at a time to show them how to properly use it. Because some people have already learned how to use the Wii, the Tuesday sessions will be for people who have already taken the first Wii class. Monday Wii classes will be for beginners.

Sign up is required.
Mondays: 2:30 PM (H)
Tuesdays: 2:30 PM (H)

Mystery Dinner

Wednesday, June 10th

Meet someone new or get to know someone better!

Sign up is required.
5:30 PM (CDR)

Book Club

Thursday, June 11th

This month's featured book is When the Emperor Was Divine by Julie Otsuka.

10:30 AM (L)

Witness to Van Gogh

Thursday, June 11th

Join Valerie Moreno, a professional artist and former arts educator, for a glimpse into the life of Vincent Van Gogh. Ms. Moreno personally traced the path of his life in Holland and France, and when doing so, photographed the villages where he lived and their surrounding areas that were his inspiration. Many of her own photographic slides are paired with examples of his paintings for the purpose of

June

providing insight into his artistic genius.

7:30 PM (H)

Cellos Jubilee

Saturday, June 13th

Under the instruction of Ms. Mary Wortreich, nine cellists will individually perform classical selections with piano accompaniment.

2:30 PM (H)

The Mel-O-Chords

Monday, June 15th

The Mel-O-Chords is a dynamic vocal ensemble based in Montclair. Founded in the 1960's as a committee of The

Montclair Operetta Club, this group has a vast repertoire of numerous selections from musical theater to music from multiple decades and other adventurous secular works. The group not only provided the first musical performance at Crane's Mill, but also performed at Crane's 10th Anniversary celebration. Each concert is different but equally entertaining!

7:30 PM (H)

Judy Ebright

Wednesday, June 17th

Using slides, Judy Ebright, will explore art through the ages. She may choose to focus on one particular artist or to compare and contrast different artists from a specific movement. With every presentation, Judy always provides us with an engaging and entertaining program.

2:00 PM (H)

"Beat the Heat"

Wednesday, June 17th

With the days getting warmer by the hour, cool off with a refreshing beverage and spend some time with friends!

3:00 PM (H)

The Skillet Lickers

Thursday, June 18th

Enjoy a concert of 1920s traditional jazz and Tin Pan Alley music. The Skillet Lickers combination of trombone, reeds, piano, guitar, trumpet and vocals will get your toes tapping!

7:30 PM (H)

Resident

Resources

Friday, June 19th

Join resident George Larson for an interesting discussion on energy—something George learned

a thing or two about during his career as a chemical engineer! Anyone who attended the first Resident Resources meeting with Bill Nickel (who did a wonderful job talking about Toastmasters) will tell you that this course is time well spent!

1:30 PM (A)

Violin Recital

Monday, June 22nd

The violin students of Ms. Nancy Lederer will individually perform classical pieces with piano accompaniment.

7:30 PM (H)

Reeds, Rhythm, & All That Brass

Tuesday, June 23rd

You don't want to miss this swinging good time with Reeds, Rhythm, & All That Brass, the "big band" that rehearses in our Activities Room a couple of times a month.

7:30 PM (H)

The Legacy of Louis Bamberger

Thursday, June 25th

Linda Forgosh, the executive director for the Jewish Historical Society-

June

Metrowest comes to Crane's Mill to talk about Louis Bamberger, a name that should ring a bell for anyone who grew up near Newark. Louis Bamberger founded, owned and operated Newark's and "One of America's Great Stores," L. Bamberger & Company. His quiet generosity earned him the reputation as New Jersey's leading philanthropist of the twentieth century. Customers were treated like guests when they entered one of the five entrances to the Great White Building that occupied an entire city block in downtown Newark. Everybody has a Bamberger memory...eating elegantly in the Tea Room, tuning into NJ's first radio station WOR when it was broadcast from the store or meeting a friend by the famous Bamberger clock. This program is one that you do not want to miss!
7:30 PM (H)

Pianist Fred Kronacher

Friday, June 26th

Pianist Fred Kronacher, son of Crane's Mill resident Gerald

Kronacher, returns to Crane's Mill for a wonderful musical performance. Mr. Kronacher, a resident of Seattle, WA, is the co-founder and artistic director of Musical Experiences, a program that combines musical education with live performance. Along with performing many solo and chamber recitals, Mr. Kronacher also served on the piano faculty at the Brooklyn Conservatory of Music in New York.
7:30 PM (H)

Art of the Masters Group Art Project

Tuesday, June 30th

Art of the Masters is a program that provides a unique opportunity to recreate the art of history's most famous artists in a group. In March, the group recreated a work by Henri Matisse using oil pastels. This month, the group will use oil pastels to create a work in the style of Jan Vermeer. Once the work has been completed, the beautiful creation will be put on display outside of the Candleberry Dining Room.

**Sign up is required.
2:00 PM (TSC)**

WEEKLY/MONTHLY ACTIVITIES

AFTERNOON MUSIC
Saturday at 4:00 PM (H)

BINGO
Wednesdays
7:30 PM (LR)

BOOK CLUB
Thursday, June 11th
10:30 AM (L)

BRIDGE
Mondays at 7:00 PM
(P, LR)

CANASTA
Monday: 10 AM & 2 PM
Tuesday-Friday: 7:00 PM

CHORUS
Monday, June 1st
10:15 AM (H)

CURRENT EVENTS
Monday, June 15th
1:30 PM (A)

DUPLICATE BRIDGE
Saturday, June 13 & 20
1:00 PM (P)

GAME NIGHT
Tuesdays at 7:00 PM (P)

HAPPY HOUR
Thursday at 4:30 PM (LR)

June

JAM SESSION

Last Monday of month
Monday, June 29th

LOW VISION

Tuesday

June 2nd

10:30 AM (P)

MAH JONG

Wednesday at 1 PM (P)

MEN'S BREAKFAST

Wednesday, June 10th
8:30 AM (P)

MOVIE NIGHT

Every Saturday
7:30 PM (H)

MYSTERY BRIDGE

Every Tuesday
1:00 PM (P, LR)

NEEDLEWORKS

Thursdays at 10:00 AM
Syc. 2 (Robin Lounge)

FOR FITNESS

STRETCH

Tuesdays & Thursdays
9:15 AM (H)

WATER AEROBICS

Monday & Wednesday
9:15 AM

WATER WALKING

Friday at 9:00 AM

Saturday at 10:00 AM

LAP SWIM

Monday – Friday: 10 AM
Saturday: 11:00 AM

TAI CHI

Saturday at 10:30 AM (H)

YOGA

Friday at 10:00 AM (H)

FOR THE SPIRIT

BIBLE AND YOU

Every Thursday
2:30 PM (TSC)

CATHOLIC MASS

Thursday, June 11 & 25
3:30 PM (AL)

CHURCH SERVICE

Every Sunday
4:00 PM (H)

COMMUNION

Tuesday, June 9th
2:30 PM (AL)

ROSARY

Every Friday
3:00 PM (AL)

KEEPING UP WITH CRANE'S MILL

Healthcare

Committee

Wednesday, June 3rd
2:00 PM (A)

Grounds Committee

Tuesday, June 16th
10:30 AM (P)

Activities Committee

Friday, June 19th
3:00 PM (A)

FOOD FESTIVITIES

MYSTERY DINNER

Wednesday, June 10th
5:30 PM (CDR)

FATHER'S DAY

BRUNCH

Sunday, June 21st
12:00 PM – 2:00 PM

BIRTHDAYS

02-Josephine Kotulak

03-Ellen Foth

03-Lee Krayner

04-Blanche Beisler

04-Margery Ferguson

07-Mary Koether

07-Catherine Milone

08-Ben Taber

11-Betty Danielson

14-Emma Cedrone

18-Jodie Carpenter

23-Helen Dugan

June

26-Ray Buskiewicz
26-Hazel Van den Heuvel
27-Johanna Britsman
28-Bea Mintz
29-Howard Radest

BIRTHDAY NIGHT
Tuesday, June 16th

ANNIVERSARIES

12- Natalie & Sandy
Emil

14-Edith & Tony
Scelba

LEGEND

A-Activities Room
AL- Assisted Living
CDR- Candleberry
Dining Room
ER-Exercise Room
FC- Fitness Center
GG – Garden Grille
H – Hinman Hall
L – Library
LR – Living Room
M – Meditation Room
P – Pub Room
PDR- Private Dining Room
S – Skilled Nursing

T– Towne Square
TSC-Towne Square
Conference Room

(1) Minimal walking. Must be able to get on and off the bus independently.
(ex. Restaurant trip)

(2) Moderate walking. Must be able to get on and off the bus. Must be able to independently manage a few stairs if necessary without the assistance of others.

(Ex. Shopping mall trip)

(3) Moderate walking with stairs. Must be able to get on and off bus independently. Must be able to stay standing for a moderate amount of time without assistance from others.

(ex. art museum tour or NJPAC)

(4) Significant walking with possible stairs and/or various terrains. Must be able to get on and off bus.

Must be able to walk without the use of assistive aids such as a walker or the assistance of other individuals.
(ex. Walking tour in outside environment)

In Loving Memory

Stewart Carpenter

June