

**LUTHERAN SENIOR LIFE at JERSEY CITY**  
www.LSMNJ.org  
**NOTICE OF PRIVACY INFORMATION PRACTICES:**

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.  
PLEASE REVIEW IT CAREFULLY.**

**A. General description and purpose of notice.**

This notice describes our information privacy practices and that of:

1. Any health care professional authorized to enter information into your medical or other health record created and/or maintained at our organization;
2. Any member of a volunteer group which we allow to help you while receiving services at Lutheran Senior LIFE at Jersey City and;
3. All employees, staff, and other personnel of our organization.

All of the individuals or entities identified above will follow the terms of this notice. These individuals or entities may share your protected health information with each other for purposes of treatment, payment, or health care operations, as further described in this notice.

**B. Our organization's policy and responsibilities regarding your protected health information (PHI).**

We are committed to preserving the privacy and security of your protected health information created and/or maintained at our organization. Certain state and federal laws and regulations require us to implement policies and procedures to safeguard the privacy and security of your protected health information.

This notice will provide you with information regarding our privacy practices and applies to all of your protected health information created and/or maintained at our organization, including any information that we receive from other health care providers or facilities. The notice describes the ways in which we may use or disclose your protected health information and also describes your rights and our obligations regarding any such uses or disclosures. We will abide by the terms of this notice, including any future revisions that we may make to the notice as required or authorized by law. We will let you know promptly if a breach occurs that compromises the privacy or security of your protected health information. We will not use or share your protected health information other than as described in this notice unless you tell us we can in writing. .

We reserve the right to change this notice and to make the revised or changed notice effective for protected health information we already have about you as well as any information we receive in the future. We will post a copy of the current notice in our organization and on our website, and will provide a copy to you upon request. The first page of the notice contains the effective date and any dates of revision.

**C. Your rights regarding your protected health information**

When it comes to your protected health information, you have certain rights. This section explains your rights and some of our responsibilities to help you:

1. **Right to inspect and copy.** You have the right to inspect or get an electronic or paper copy of your medical record and other health information that may be used to make decisions about your care. Generally, this includes medical and billing records, but does not include psychotherapy notes.

To inspect and copy your protected health information, you must submit your request in writing to Lutheran Senior LIFE at Jersey City Billing Office, located at 377 Jersey Avenue, Suite 310, Jersey City, NJ 07302. If you request a copy of the information, we may charge a fee for the costs of copying, mailing, or other supplies associated with your request. We will provide a copy or summary of your protected health information, usually within 30 days of your request.

We may deny your request to inspect and copy your protected health information in certain limited circumstances. If you are denied access to your protected health information, you may request that the denial be reviewed. Another licensed health care professional selected by our organization will review your request and the denial. The person conducting the review will not be the person who initially denied your request. We will comply with the outcome of this review.

2. **Right to request an amendment or correction.** If you feel that the protected health information we have about you is incorrect or incomplete, you may ask us to amend or correct the information. You have the right to request an amendment for as long as the information is kept by or for our organization.

To request an amendment or correction, your request must be made in writing and submitted to our Executive Director at the address set forth on the last page of this Notice. In addition, you must provide us with a reason that supports your request.

We may deny your request for an amendment or correction if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend or correct information that:

- a. was not created by us
- b. is not part of the protected health information kept by or for our organization
- c. is not part of the information which you would be permitted to inspect and copy
- d. is accurate and complete

3. **Right to an accounting of disclosures.** You have the right to request a list (accounting) of the disclosures which we have made of your protected health information. This accounting will not include disclosures of protected health

information that we made for purposes of treatment, payment, or health care operations. The list will include who we shared the information with, and why.

To request an accounting of disclosures, you must submit your request in writing to our Billing Office, located at 377 Jersey Avenue, Suite 310, Jersey City, NJ 07302. Your request must state a time period, which may not be longer than six (6) years prior to the date of your request and may not include dates before April 14, 2003. Your request should indicate in what form you want to receive the accounting (for example, on paper or via electronic means). The first accounting that you request within a twelve (12)-month period will be free. For additional accountings, we may charge you for the reasonable costs of providing the accounting. We will notify you of the cost involved, and you may choose to withdraw or modify your request at that time before any costs are incurred.

4. **Right to request restrictions.** You have a right to request that we not disclose to your health plan information about treatment that we provide to you so long as you (and not your health plan) have separately paid us for the service or treatment involved. If you make such a request, we are required to comply with it. You also have the right to request a restriction or limitation on other protected health information for which your health plan does make payment and which we use or disclose about you for treatment, payment, or health care operations. We are not required to comply with your request. You also have the right to request a limit on the protected health information we disclose about you to someone, such as a family member or friend, who is involved in your care or in the payment of your care. For example, you could ask that we not use or disclose information regarding a particular treatment that you received.

*Unless the request involves disclosures to your health plan about treatment for which you have separately paid, we are not required to agree to your request.* If we do agree, we will comply with your request unless the information is needed to provide emergency treatment to you, or unless a disclosure is otherwise required by law.

To request restrictions, you must make your request in writing to our Executive Director at the address set forth on the last page of this Notice. In your request, you must tell us (a) what information you want to limit; (b) whether you want to limit our use, disclosure or both; and (c) to whom you want the limits to apply (for example, disclosures to a family member).

5. **Right to request confidential communications.** You have the right to request that we communicate with you about your health care in a certain way or at a certain location. For example, you can ask that we only contact you by mail.

To request confidential communications, you must make your request in writing to your assigned Social Worker. We will not ask you the reason for your request. We will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.

6. **Right to Choose Someone to Act for You.** If you have appointed someone as your health care representative under an advance directive, or have a legal guardian, that person can exercise your rights and make choices about your protected health information. We will make sure that the person has this authority and can act for you before we will take any action.
7. **Right to be Notified of a Breach.** If we improperly permit acquisition, access, use or disclose protected health information about you in a manner not authorized by law, we are required to send, and you have a right to receive a notice from us informing you about the circumstances involved and the corrective actions that we are taking.
8. **Right to a paper copy of this notice.** You have the right to receive a paper copy of this notice. You may ask us to give you a paper copy of this Notice at any time, even if you have agreed to receive this notice electronically. To obtain a paper copy, contact our Community Relations Office at 377 Jersey Avenue, Suite 310, Jersey City, NJ 07302.

<b>D. Uses or disclosures of your protected health information.</b>
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We may use or disclose your protected health information in one or more of following ways:

- (1) For purposes of treatment, payment or health care operations
- (2) Pursuant to your written authorization (for purposes other than treatment, payment or health care operations)
- (3) Pursuant to your verbal agreement (for use in our organization directory or to discuss your health condition with family or friends who are involved in your care);
- (4) As permitted by law
- (5) As required by law

The following describes each of the different ways that we may use or disclose your protected health information. Where appropriate, we have included examples of the different types of uses or disclosures. While not every use or disclosure is listed, we have included all of the ways in which we may make such uses or disclosures.

**1. Uses or disclosures for treatment, payment or health care operations.**

We may use or disclose your protected health information for purposes of treatment, payment, or health care operations.

- a. **Treatment.** We may use your protected health information to provide you with health care treatment and services. We may disclose your protected health information to doctors, advanced practice nurses, physician assistants, nurses, nursing assistants, medication aides, technicians, medical and nursing students, rehabilitation therapy specialists, or other personnel who are involved in your health care. For example, your physician may order physical therapy services to improve your strength and walking abilities. Our nursing staff will need to talk with the physical therapist so that we can coordinate services and develop

a plan of care. We also may disclose your protected health information to people outside of our organization who may be involved in your health care, such as family members, social services, hospice or home health agencies.

**i. Appointment reminders.** We may use or disclose your protected health information for purposes of contacting you to remind you of a health care appointment.

**ii. Referrals.** We may use or disclose your protected health information for the purpose of referring you to another health care provider for further treatment.

**b. Payment.** We may use or disclose your protected health information so that we may bill and collect payment from you, an insurance company, or another third party for the health care services you receive at our organization. For example, we may need to give information to your health plan regarding the services you received from our organization so that your health plan will pay us or reimburse you for the services. We also may tell your health plan about a treatment you are going to receive in order to obtain prior approval for the services or to determine whether your health plan will cover the treatment.

**c. Health care operations.** We may use or disclose your protected health information to perform certain functions within our organization. These uses or disclosures are necessary to operate our organization and to make sure that our Residents/Clients receive quality care. For example, we may use your protected health information to review our treatment and services and to evaluate the performance of our staff in caring for you. We may combine protected health information about many of our Resident/Clients to determine whether certain services are effective or whether additional services should be provided. We may disclose your protected health information to physicians, advanced practice nurses, physician assistants, nurses, nursing assistants, medication aides, rehabilitation therapy specialists, technicians, medical and nursing students, and other personnel for review and learning purposes. We also may combine protected health information with information from other health care providers or facilities to compare how we are doing and see where we can make improvements in the care and services offered to our Resident/Clients. We may remove information that identifies you from this set of protected health information so that others may use the information to study health care and health care delivery without learning the specific identities of our Resident/Clients.

(Birth date, directory or listing, obituary notice, hospitalization notice or posting, prayer list, newsletter, picture, welcome posting, etc).

**2. Uses or disclosures made pursuant to your written authorization.**

For certain health information, you can give us your choice about what we share. We may use or disclose your protected health information pursuant to your written authorization for purposes other than treatment, payment or health care operations and for purposes which are not otherwise permitted or required by law. You have the right to revoke a written authorization at any time as long as your revocation is provided to us in writing. If you revoke your written authorization, we will no longer use or disclose your protected health information for the purposes identified in the authorization. You understand that we are unable to retrieve any disclosures, which we may have made pursuant to your authorization prior to its revocation. In the following circumstances, we will always require an authorization from you:

- a. In most circumstances when we use or disclose psychotherapy notes made by a mental health professional to document or analyze a conversation in a counseling session.
- b. Any marketing communication.
- c. A sale of protected health information.
- d. Other uses or disclosures of protected health information that are not described in the within notice of privacy practices.

**3. Uses or disclosures made pursuant to your verbal agreement.**

We may use or disclose your protected health information, pursuant to your verbal agreement, for purposes of including you in our organization directory or for purposes of releasing information to persons involved in your care as described below.

- a. **Organization directory.** We may use or disclose certain limited protected health information about you in our organization directory while you are a Resident/Client at our organization. This information may include your name, birthday, your assigned unit and room number, your religious affiliation, and a phone number. Your religious affiliation may be given to a member of the clergy. The directory information, except for religious affiliation and phone number may be given to people who ask for you by name. We may also use your name and picture in an obituary notice, hospitalization notice or posting, prayer list, newsletter, picture, or welcome posting at our facility..
- b. **Individuals involved in your care.** We may disclose your protected health information to individuals, such as family and friends, who are involved in your care or who help pay for your care. This disclosure may be face to face, by phone or by electronic mail. We also may disclose your protected health information to a person or organization assisting in disaster relief efforts for the purpose of notifying your family or friends involved in your care about your condition, status and location.
- c. **Fundraising.** We may contact you for fundraising purposes. You have the right to request that we not send any additional fundraising materials to



you after our initial fundraising contact. Contact for fundraising opt-out: Fund Development for Lutheran Social Ministries of NJ at 609-699-4102.

- d. If you do not verbally express a preference regarding the sharing of information referenced above, we may go ahead and share your information under the circumstances described above if we believe that it is in your best interests. We may also share your information when needed to lessen a serious or imminent threat to health and safety.

#### **4. Uses or disclosures required by law**

We may use or disclose your information where such uses or disclosures are required by federal, state or local law.

- a. **Public health activities.** We may use or disclose your protected health information to public health authorities that are authorized by law to receive and collect protected health information for the purpose of preventing or controlling disease, injury or disability. We may use or disclose your protected health information for the following purposes:
  - i. To report births and deaths
  - ii. To report suspected or actual abuse, neglect, or domestic violence involving a child or an adult
  - iii. To report adverse reactions to medications or problems with health care products
  - iv. Product recalls
  - v. Preventing disease
  - vi. Preventing or reducing a serious threat to anyone's health or safety.
- b. **Judicial or administrative proceedings.** We may use or disclose your protected health information to courts or administrative agencies charged with the authority to hear and resolve lawsuits or disputes. We may disclose your protected health information pursuant to a court or administrative order, or a court ordered subpoena. If we receive a subpoena or other discovery request that is not court-ordered, we may be required to (i) notify you of the request for disclosure and give you an opportunity to file an objection; or (ii) obtain an order protecting your protected health information.
- c. **Law Enforcement official.** We may use or disclose your protected health information in response to a request received from a law enforcement official for the following purposes:
  - i. In response to a court order or court-ordered warrant, subpoena or summons, or a grand jury subpoena
  - ii. To respond to an administrative subpoena or investigative demand from a government agency if it is accompanied by a written statement that the information requested is relevant and material, specific and limited in scope, and that it is not possible to use information which does not specifically identify you

- iii. To identify or locate a suspect, fugitive, material witness, or missing person.
- iv. Regarding a victim of a crime if, the victim agrees, or under certain limited circumstances, we are unable to obtain the person's agreement.
- v. To report a death that we believe may be the result of criminal conduct.
- vi. To report criminal conduct at our organization or where the victim was employed by our organization.
- vii. In emergency situations, to report a crime—the location of the crime and possible victims; or the identity, description, or location of the individual who committed the crime.
- viii. To identify or assist in apprehending an individual who has admitted participating in a violent crime, unless the disclosure was made in the course of therapy or counseling.
- ix. To respond to a request by a correctional institution or a law enforcement official having lawful custody of an inmate.

**5. Uses or disclosures permitted by law**

Certain state and federal laws and regulations either require or permit us to make certain uses or disclosures of your protected health information without your permission. These uses or disclosures are generally made to meet public health reporting obligations or to ensure the health and safety of the public at large. The uses or disclosures, which we may make pursuant to these laws and regulations include the following:

- a. Health oversight activities.** We may use or disclose your protected health information to a health oversight agency that is authorized by law to conduct health oversight activities. These oversight activities may include audits, investigations, inspections, or licensure and certification surveys. These activities are necessary for the government to monitor the persons or organizations that provide health care to individuals and to ensure compliance with applicable state and federal laws and regulations.
- b. Worker's compensation.** We may use or disclose your protected health information to worker's compensation programs when your health condition arises out of a work-related illness or injury.
- c. Coroners, medical examiners, or funeral directors.** We may use or disclose your protected health information to a coroner or medical examiner for the purpose of identifying a deceased individual or to determine the cause of death. We also may use or disclose your protected health information to a funeral director for the purpose of carrying out his/her necessary activities.
- d. Organ procurement organizations or tissue banks.** If you are an organ donor, we may use or disclose your protected health information to organizations that handle organ procurement, transplantation, or tissue



banking for the purpose of facilitating organ or tissue donation or transplantation.

- e. Research.** We may use or disclose your protected health information for research purposes under certain limited circumstances. Because all research projects are subject to a special approval process, we will not use or disclose your protected health information for research purposes until the particular research project for which your protected health information may be used or disclosed has been approved through this special approval process. However, we may use or disclose your protected health information to individuals preparing to conduct the research project in order to assist them in identifying Resident/Clients with specific health care needs who may qualify to participate in the research project. Any use or disclosure of your protected health information which may be done for the purpose of identifying qualified participants will be conducted onsite at our organization. In most instances, we will ask for your specific permission to use or disclose your protected health information if the researcher will have access to your name, address or other identifying information.
- f. To avert a serious threat to health or safety.** We may use or disclose your protected health information when necessary to prevent a serious threat to the health or safety of you or other individuals. Any such use or disclosure would be made solely to the individual(s) or organization(s) that have the ability and/or authority to assist in preventing the threat.
- g. Military and veterans.** If you are a member of the armed forces, we may use or disclose your protected health information as required by military command authorities.
- h. National security and intelligence activities.** We may use or disclose your protected health information to authorized federal officials for purposes of intelligence, counterintelligence, and other national security activities, as authorized by law.
- i. Compliance with law.** We will share information about you if state or federal law requires it, including the U.S. Department of Health and Human Services if it wants to confirm that we are complying with federal privacy laws.

## **E. Complaints**

If you believe your privacy rights have been violated, you may file a complaint with our organization, by using our confidential hotline service, the Peace Church Compliance Line at 1-800-211-2713 or with the Secretary of the U.S. Department of Health and Human Services by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, by calling 1-877-



*Effective date: 7/1/2013*  
*Date of revision: 03/1/2016*

696-6775, or by visiting [www.hhs.gov/ocr/privacy/hipaa/complaints](http://www.hhs.gov/ocr/privacy/hipaa/complaints). To file a complaint with our organization or if you have any questions regarding this notice, contact:

**Executive Director**  
**Lutheran Senior LIFE at Jersey City**  
**377 Jersey Avenue**  
**Suite 310**  
**Jersey City, NJ 07302**

All complaints must be submitted in writing.

You will NOT be penalized for filing a complaint.